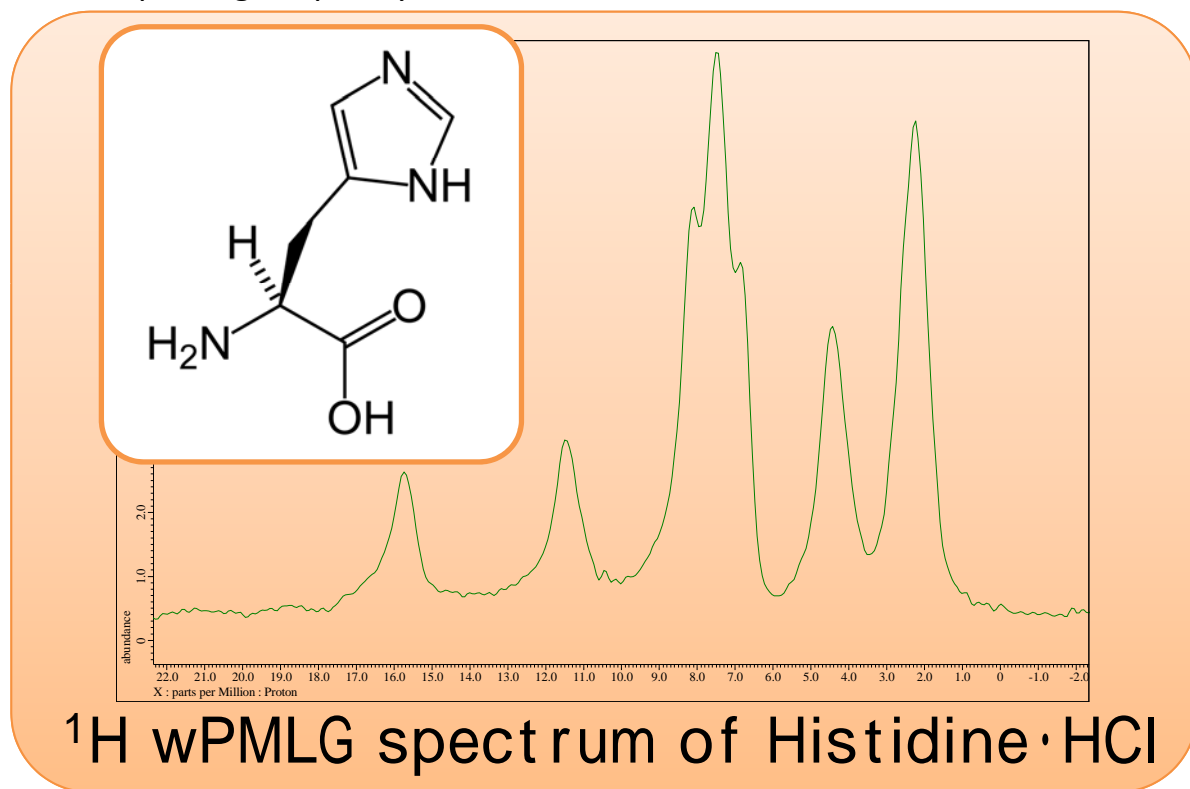


# A practical guide to $^1\text{H}$ high resolution experiment: rf - field strength

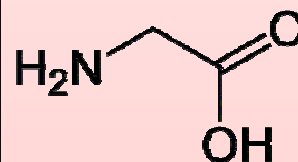
Here we briefly introduce a tip for  $^1\text{H}$  high resolution NMR experiments in solid-state, from a practical point of view. This method, in which  $^1\text{H}$  homonuclear dipolar interactions are decoupled, has been known as 'Combination of Rotation And Multiple-Pulse Spectroscopy' (CRAMPS) for a long time. Although a special probe was originally required, a standard CPMAS probe enables us to perform cutting edge experiments now as only a moderate rf field is enough for a wPMLG experiment, which is one of the best CRAMPS sequences. As rf-field is increased up to 100 kHz, we can observe better resolution, but no further improvement is obtained when the rf-field is stronger than 100 kHz or with higher spinning frequency. The world's highest resolution is achieved with a standard CPMAS probe with an rf-field of 100 kHz and at a moderate spinning frequency.



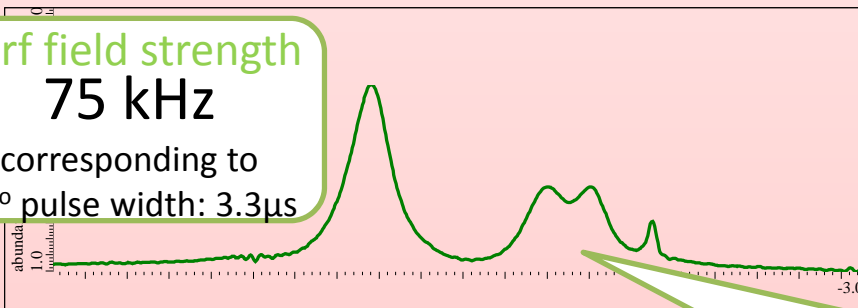
L. Mafra et al., J. Magn. Reson. 197 (2009) 20-27.

M. Leskes et al., J. Magn. Reson. 199 (2009) 208-213.

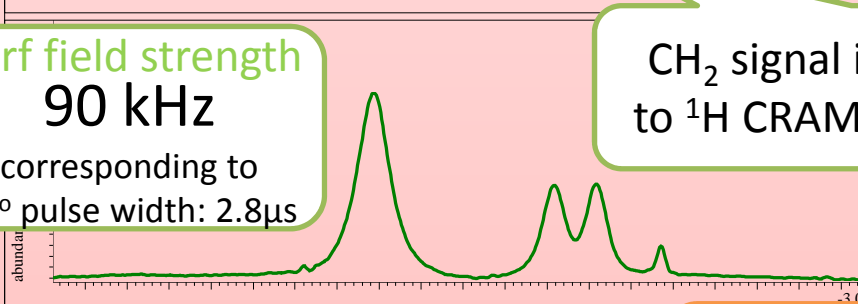
# rf - field strength dependence of <sup>1</sup>H wPMLG spectrum



<sup>1</sup>H rf field strength  
**75 kHz**  
corresponding to  
90° pulse width: 3.3μs

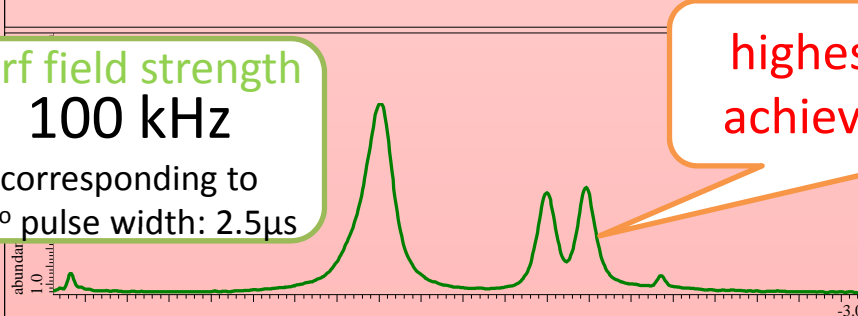


<sup>1</sup>H rf field strength  
**90 kHz**  
corresponding to  
90° pulse width: 2.8μs



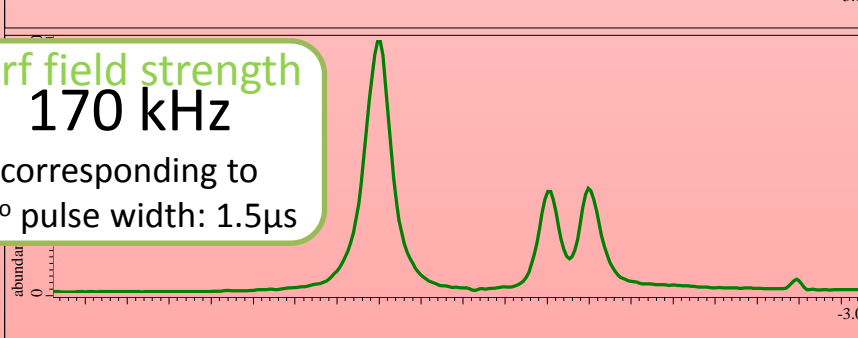
CH<sub>2</sub> signal is very sensitive to <sup>1</sup>H CRAMPS performance

<sup>1</sup>H rf field strength  
**100 kHz**  
corresponding to  
90° pulse width: 2.5μs



highest resolution is achieved at 100 kHz!

<sup>1</sup>H rf field strength  
**170 kHz**  
corresponding to  
90° pulse width: 1.5μs



75 – 100 kHz: glycine MAS 15kHz  
at ECA500 with 4.0mm CPMAS probe  
170 kHz: glycine MAS 25kHz  
at ECA500 with 2.5mm CPMAS probe